

## HOW TO WASH WORK CLOTHES THAT HAVE PESTICIDE RESIDUE

- Remove and wash immediately after work
- Wash separately from non-work clothes
- Wash before wearing again
- Handle with waterproof gloves
- Use detergent, hot water, and extra rinses
- Use the large load setting, washing a few items at a time
- Line-dry in the sun or use the dryer
- For more info: [www.pesticideresources.org](http://www.pesticideresources.org)



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## CÓMO LAVAR LA ROPA DE TRABAJO QUE CONTIENE RESIDUOS DE PESTICIDAS

- Remover y lavar inmediatamente después del trabajo
- Lavar separada de la ropa que no sea de trabajo
- Lavarla antes de volverla a usar
- Manipular ropa con guantes impermeables
- Usar detergente, agua caliente, y enjuagar varias veces
- Usar el ajuste de carga grande de la lavadora; lavar pocas prendas a la vez
- Colgar al sol o usar secadora
- Para más información: [www.pesticideresources.org](http://www.pesticideresources.org)



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